

D23

Celebrates 25 Years of

POCAHONTAS



ACTIVITY PACK

POCAHONTAS
STREAMING NOW
ON DISNEY+

#ATHOMEWITHD23



YOUR NEXT OUTFIT IS JUST AROUND THE RIVER-BOUND!

Take fashion inspiration from these spirited companions.



FLIT



MEEKO



Find more inspiration in *DisneyBound Dress Disney and Make it Fashion* by Leslie Kay, now available for purchase at <https://books.disney.com/book/disneybound/>

POCAHONTAS' LEAF ENERGY BITES



PREP TIME | 25 min SERVES | 9

INGREDIENTS

- | | |
|------------------------------|---|
| 1 cup rolled oats | 3 tablespoons honey |
| 1/3 cup slivered almonds | 3 tablespoons semi-sweet chocolate chips |
| 1/2 cup raw sunflower seeds | 1/4 cup pumpkin puree |
| 1/2 teaspoon ground cinnamon | Leaf-shaped cookie cutter (about 3 1/2" x 2") |
| 1/2 teaspoon ground ginger | Waxed paper |
| 1/4 teaspoon ground nutmeg | Wooden toothpick or kitchen skewer |
| 1/8 teaspoon salt | |

DIRECTIONS

- 1 Measure the rolled oats, slivered almonds, raw sunflower seeds, ground spices, and salt into a small mixing bowl. Whisk the ingredients to evenly mix them.
- 2 Combine the honey and chocolate chips in a small microwavable bowl or cup, and heat in the microwave for 15 to 20 seconds. Stir to evenly blend the chocolate into the honey. Then stir in the pumpkin puree.
- 3 Stir the chocolate mixture into the dry ingredient mixture until well blended. Chill this no-bake batter in the mixing bowl for about 15 minutes to let the chocolate firm up a bit.
- 4 Meanwhile, line a baking sheet with waxed paper. Then cut several 4" x 5" rectangles from another piece of waxed paper and stack them. Set the leaf-shape cookie cutter atop the stack and use a pencil to lightly trace along the inner edge of the cutter. Holding the layers together, cut out the tracing.
- 5 To make the leaf treats, set the cutter atop the lined baking sheet. Fill the cutter with a heaping tablespoon of the batter, and use a toothpick or kitchen skewer to spread/push it into the curves and stem.
- 6 Place one of the waxed-paper leaves atop the mixture in the cutter. Press down on the paper to evenly compact the treat, again using the toothpick or skewer to gently press down the stem portion. Carefully lift the cutter while simultaneously pushing down on any spots that appear to be sticking. Then slowly peel the waxed paper from the top of the treat.
- 7 Continue creating the treats in this manner with the rest of the batter, reusing the paper leaf a few times and then switching to a fresh one when it becomes too sticky to work with. Chill the leaf treats for 20 to 30 minutes before serving (they will keep in the refrigerator for a few days).

SHHHH...POCAHONTAS IS LISTENING.

She is tracking an animal that got into her village's supply of corn.
The trail is not the only thing she is following.
By helping her people, Pocahontas is also following her heart.



HELP POCAHONTAS PICK UP THE TRAIL THAT THE CORN THIEF LEFT BEHIND.



paw prints



this partially eaten corn cob



fur



scratched bark



broken branch



Meeko

TREK BACK TO THE FOREST WITH POCAHONTAS AND SEARCH FOR THESE OTHER ANIMALS:



owl



chipmunk



this rabbit



this mouse



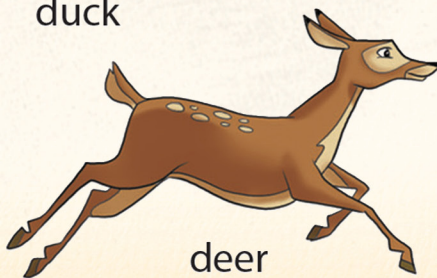
duck



this frog



this squirrel

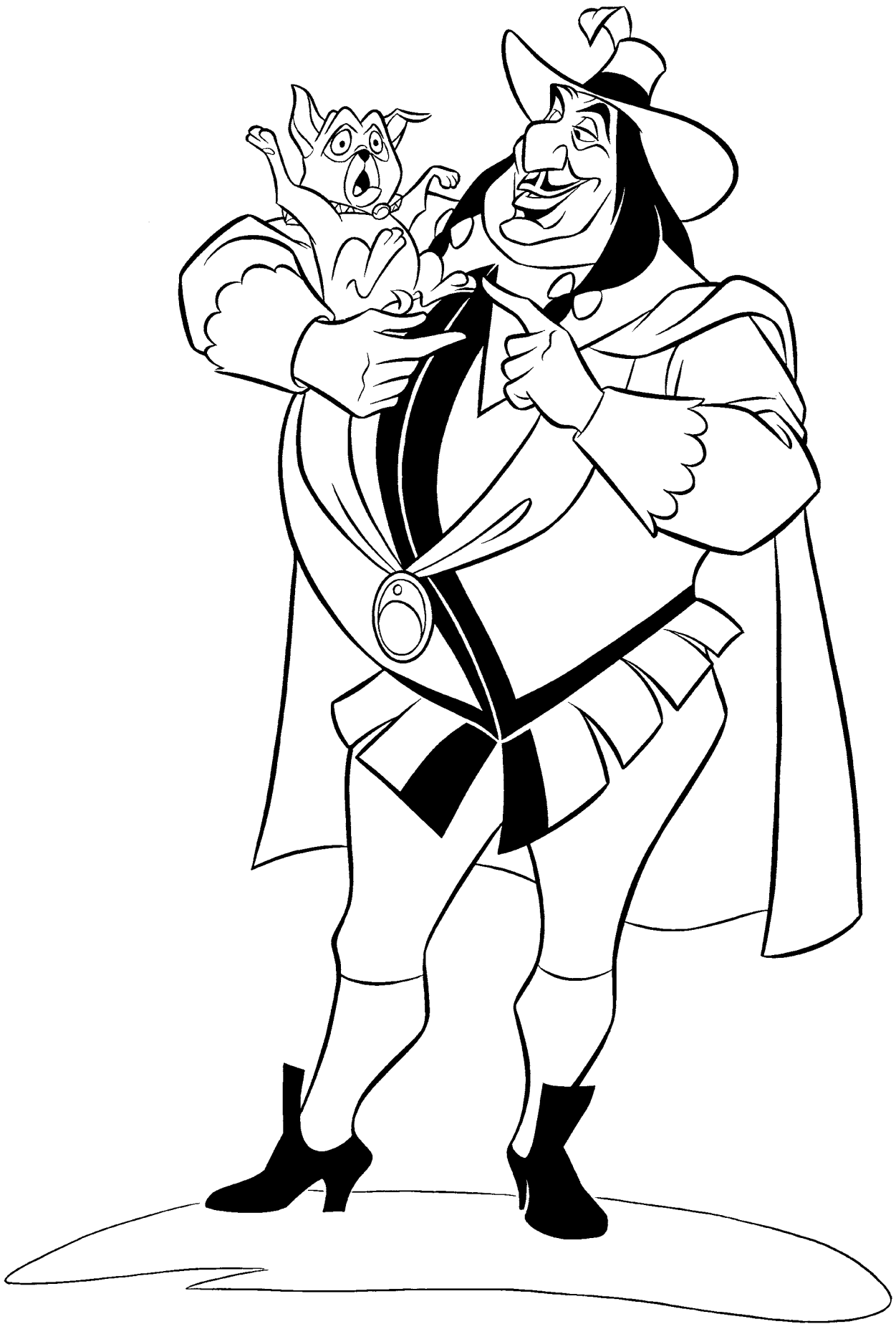


deer









Which picture of Meeko is different?

A



B



C



D



Your Answer:

Answer: D



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